



Kelly Dadd Yoga

Dru Yoga & Relaxation Classes 2020

Due to current circumstances classes will be conducted via Zoom

Monday 6.30pm-7.45pm & 8.15pm-9.30pm

Tuesday 9.30am-10.45am

Thursday 8.15pm-9.30pm

Friday 10am-11.15am

£5-£13 per class (you decide)

£9 Beginners video available

Message for the Zoom link

Everyone welcome, tell your friends!

kellydaddyoga@gmail.com

07917724793

Facebook: kellydaddyoga

Kelly is a Dru Yoga Registered teacher - The practices help reduce stress, anxiety and help to create inner strength to help overcome obstacles that arise. The style is flowing, all inclusive and subtle to ensure you feel empowered!

Customers are responsible for their own health & safety when attending classes via Zoom

All information subject to change at Kelly's discretion

